

# RELATIVE STRENGTH WEEKLY CLASS SCHEDULE

Class taught by JR/Zak

Class taught by Kim C-M

Senior class taught by  
Kim C-M

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am	5:30 - 6:00	5:30 - 6:00		5:30 - 6:00	5:30 - 6:00		
6am	6:00 - 6:45		6:00 - 6:45		6:00 - 6:45		
7am						7:00 - 8:00	
8am							
9am	9:45 - 10:15	9:45 - 10:15		9:45 - 10:15	9:45 - 10:15		
10am							
11am							
12pm							
1pm				1:00 - 1:30			
2pm							
3pm							
4pm							
5pm	5:00 - 5:30 5:30 - 6:15	5:00 - 5:30 5:30 - 6:00	5:00 - 5:30 5:30 - 6:15	5:00 - 5:30			
6pm	6:30 - 7:00		6:30 - 7:00				